



## Benold 7th Grade Boys Strength & Conditioning Camp

**Camp Start Date:** June 8, 2020

**Start Time:** 7:30:00 AM

**Camp End Date:** July 31, 2020

**End Time:** 12:00:00 AM

**Date Details:** Camp is Mon-Thurs. ; workout on 7/23 will be an evening session; Camp closed July 6th-8th

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**Venue Name:** Benold Middle School

**Venue Address:** 3407 Northwest Blvd., Georgetown, TX 78628

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**Camp Cost:** \$100.00

**Questions:** James Hammack - ext. 6994 [hammackja@georgetownisd.org](mailto:hammackja@georgetownisd.org) (512) 943 - 5090

**Questions:** Paul Gammage - ext. 7787 [gammagej@georgetownisd.org](mailto:gammagej@georgetownisd.org) (512) 943 - 5090

### Special Notes:

This camp is Strength & Conditioning only for incoming Benold & Forbes 7th grade boys.

Camp will be at Benold MS. Drop off at weight room near tennis courts.

Please bring your own water bottle because there will not be any water provided.

You will also need to bring workout shoes, cleats and a personal workout towel is recommended.

All incoming 7th graders will have to turn in a completed physical by start of camp.

There will be a Google Meet @ 7pm on June 2nd : <https://meet.google.com/ofn-cijq-ykd>

### Medical Info:

Waiver of Claims: I, as parent or guardian, hereby give permission for my child to participate in the Georgetown ISD summer camps selected above and acknowledge the fact that he/she is physically able to participate in camp activities. I/We hereby waive any claim that I/We might have against Georgetown ISD, any of the Georgetown ISD schools, or any of its agents, which might arise from any injury, loss, or other damage my child may incur while on the property of Georgetown ISD.