

Georgetown High School

Powerlifting (C)

GHS Powerlifting Strength & Speed Camp

(Incoming 7th -9th Grade)

Camp for incoming 7th through 9th graders. Parent drop off at GHS Track entrance. Athletic attire required.

Cleats optional. Refillable water bottle, snacks suggested. Concessions available. Camp will focus on proper weight room techniques, intro to Velocity Based Training, explosive jumps, running technique.

Athletics will receive a copy of their measurables in a variety of athletic areas. Camp will conclude with a Powerlifting Meet on Thursday.

Camp Start Date: June 22, 2026

Start Time: 1:00:00 PM

Camp End Date: June 25, 2026

End Time: 3:30:00 PM

Venue Name: GHS Boys Weight Room

Venue Address: 2211 N. Austin Ave., Georgetown, TX 78628

Camp Cost: \$100.00

Questions: Travis Kincheloe kincheloet@georgetownisd.org (512) 940 - 0337

Special Notes:

Credit card payments only, NO CASH OR CHECKS ACCEPTED. Please do not select the Pay Later option. Inform Coach of any health/medical issue(s).

Sport-specific camps do not require an athletic physical.

Medical Info:

Waiver of Claims: I, as parent or guardian, hereby give permission for my child to participate in the Georgetown ISD summer camps selected above and acknowledge the fact that he/she is physically able to participate in camp activities. I/We hereby waive any claim that I/We might have against Georgetown ISD, any of the Georgetown ISD schools, or any of its agents, which might arise from any injury, loss, or other damage my child may incur while on the property of Georgetown ISD.